

never
STOP
dreaming

QUESTIONS TO CHECK IN WITH
YOURSELF 💡

Find your "Why"



What moves me and
lights a fire (or ✨) in
me to take action?



BUILD A TEAM

?

- Who truly supports me for my whole and authentic self including my accomplishments and setbacks?

A top-down view of a dark blue desk. In the top right, a portion of a white keyboard is visible. In the top left, there is a small white dish with green and white flowers. In the bottom left, a silver pen and a white notepad are visible. The central focus is a white speech bubble with a dark blue tail pointing to the right.

TRUST THE PROCESS

?

How can I take each “failure” as a learning or growth opportunity instead of a setback?



SELF CARE

- How can I be kinder to myself when I am finding my path and evolving as an individual?

“WHAT CAN I DO TO STAY GROUNDED IN TIMES OF UNCERTAINTY OR EVOLUTION?”

